



Strategic Plan – Towards 2025

Mission Statement

The Y Hobart is committed to making a positive social impact by providing programs and services which empower individuals to improve their health, their wellbeing, their life engagement.

Background

Since 1882, the Y Hobart has delivered services to the Tasmanian community which has included a wide range of sport, recreation, health & fitness, youth services, camping and community activities.

COVID 19 has forced the Y Hobart to carefully analyse and rationalise its pre-2020 business units, and to transition to a foundational business model that is financially sustainable. This would position Y Hobart as key element of Southern Tasmania's social capital. Strategically embedding Y in the community, rather than a provider of "things" and services, which while valuable potentially does not optimise the "Y's" capability.

The 5 priorities for Y Hobart are:

Health: Committed to helping all individuals to improve their overall health, and to overcome barriers when accessing quality health programs or education.

Wellbeing: Committed to supporting and developing the physical, mental, emotional and social health factors of all.

Engagement: Committed to providing an inclusive environment with quality education, vocational training, and opportunities to young and older people, to ensure they have the experience and knowledge needed to succeed in today's work environment. We support the integration of migrants and refugees into society.

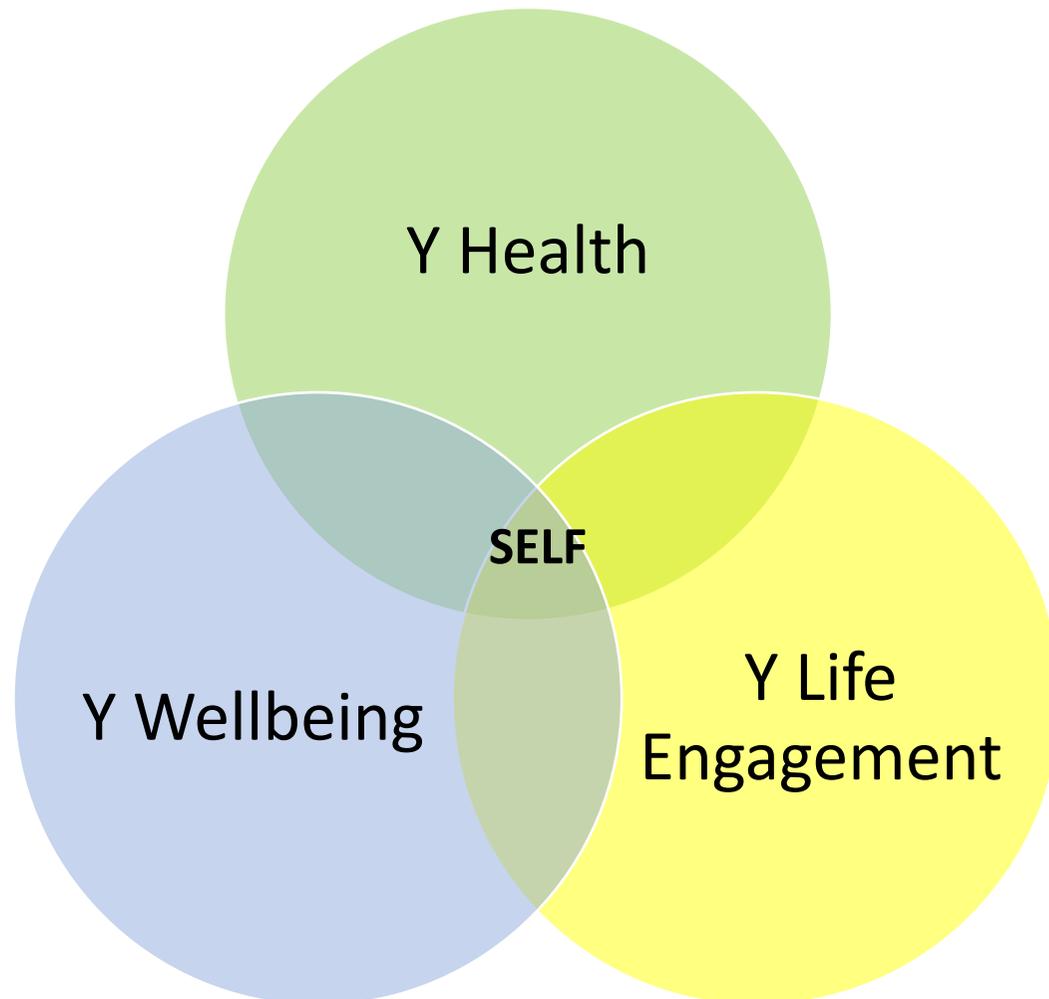
Social Impact: Committed to making a positive difference in our communities by creating the opportunities for people to reach their full potential and engage in societal interaction.

Safeguarding Children: Committed to empowering children and young people to feel safe and be safe at the Y, in their families, and their communities.



Vision Statement

The Community recognises the Y Hobart as a source or facilitator of in-house and outreach services which engender a positive difference for humanity. The Y Hobart is a “place” where each and every person has an opportunity to feel safe, be healthy, empowered and connected.



. Y – Fitness

(Active & Healthy)

Incidental sport and recreational activities.

Y – Wellbeing

(Whole of Body)

Supporting physical, mental, emotional and social health factors.

Y - Life engagement

(Development)

Programs and partnerships that connects people to community resources

Y - Social Impact

(Strengthening Communities)

Y Hobart enables access to all of the 3 service streams. The ideal outcome for the individual is a sense of SELF; a balanced individual, able to maximise their potential, and engage within their Community.

Activities Statement

Focus	Y -Fitness (Active & Healthy) Incidental sport and recreational activities.	Y – Wellbeing (Whole of Body) Supporting physical, mental, emotional and social health factors.	Y - Life engagement (Development) Programs and partnerships that connects people to community resources and career pathways	Social Impact (Strengthening Communities) Creating cohesion and meaningful impact in the community
What we provide	Aquatics Sport and recreation Participative activities Day care Health and fitness	Health and wellness Outreach programs Integrated services with allied health Drop-in service	Youth development Youth leadership NDIS provider Develop the individual Y Careers	Leadership & advocacy Community development Water safety Health & fitness Safeguarding Children programs Enabler of personal development
Who we serve	Children, young people, families, the marginalised, older persons	Children, young people, families, the marginalised, older persons	Children, young people, families, the socially marginalised, older persons	Tasmanian Community
Partners	Government, Sport and Rec, Health providers, Sporting Orgs, Corporates, Council, Councils, Schools	Government, Schools, Allied Health, Outreach services Mental health providers	Migrant resource centres Salvation Army Glenorchy City Council Corporates Government agencies Employment Agencies Councils Aligned partners	Glenorchy City Council Tasmanian State Government Allied Health Providers Federal Government Representative Groups & Organisations Care providers Unions

Value Proposition

Through our in-house and outreach services we create the opportunity for a positive change to the health, wellbeing and social engagement of all.